



# Pentagram

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## Peeples relinquishes JBM-HH command to Bowling

By Catrina Francis  
**Pentagram Editor**

On May 6, Joint Base Myer-Henderson Hall Commander Col. Kimberly Peeples relinquished command to Col. Dave Bowling in a ceremony in Conmy Hall.

The change of command ceremony is a time honored custom in the military, and symbolic of the changing of command is the passing of the organizational colors. Since the American Revolution, the unit colors have been an important element of an organization. The passing of the colors symbolizes the transfer of command authority and responsibility from the outgoing commander to the incoming commander. The passing of the colors demonstrates to the service members and civilians of the organization that the outgoing commander has passed the mantle of leadership to the new commander; with this also passes the loyalty of the command to the new commander.

Maj. Gen. Omar Jones IV, the commanding general of Joint Force Headquarters – National Capital Region/U.S. Army Military District of Washington, said the ceremony, which he shares with Davis Tindoll Jr, director of the Army Installation Management Command Sustainment Directorate, is symbolic of their relationship for the past two years. He said they share the responsibilities of our garrisons — Fort A.P. Hill, Virginia; Fort Belvoir, Virginia; Fort Meade, Maryland; and JBM-HH.

“Our shared changes of command are probably the most challenging thing that we do,” said Jones.

Jones pointed out that there is no garrison command like JBM-HH.

“It is with very heavy hearts that we farewell you and your Family today after a remarkable command of this unique, one of a kind

installation,” Jones said.

He added while the history of the installation is incredible, it’s a real challenge for the commander to preserve and honor that legacy while keeping the base relevant and meet the requirements of today, meet the needs of the community and set the conditions for the future when the average age of the buildings are 118 years old.

“Kim has excelled in all three of those missions,” he said, “... through it all Kim has led positive change for the joint base. Eighteen months ago, January 2020, a foreign nation publicly threatened senior leaders who live here on the joint base. Again, it was Kim Peeples and her team that met the challenge by employing her security forces, leveraging technology, strengthening our partnership with Arlington County team-

mates and advocating for additional re-

sources. Kim protected our people and their Families while defending the base and never losing sight this is a community and it’s home to the people who are stationed here.

“Kim’s thoughtful effective response to that threat transformed force protection on the joint base and I believe it’s eventually going to transform how we protect our bases across the entire Department



Photos by Jeffrey Heeney

Davis Tindoll, director of the Army Installation Management Command Sustainment Directorate, passes the garrison colors to incoming JBM-HH Commander Col. Dave Bowling May 6 during the change of command ceremony in Conmy Hall.



Incoming Commander Col. Dave Bowling addresses the garrison for the first time during the change of command ceremony May 6 in Conmy Hall.

(of Defense). Kim’s ongoing leadership during the COVID-19 pandemic has simply been inspiring. I am confident it was her deliberate, science-based approach to fighting the pandemic, while still providing central services, still providing persistent communication and still providing support to the community that so successfully protected this team and all the missions that happened here on the joint base.”

He added that Peeples has embraced her

See CoC, page 7



**PENTAGRAM** Magazine  
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Photo courtesy of Elizabeth Daffin

On April 21, St. Thomas More Cathedral School hosted a celebration called “Purple Up” day to show support for their military Families. In this photograph, students came together in formation to create an image of a purple star, which could be seen from a bird’s-eye view.

**Emily Mihalik**  
**JBM-HH Public Affairs Office**

The Joint Base Myer-Henderson Hall school liaison officer Elizabeth Daffin understands firsthand the challenges military Families face transitioning. As a military spouse, having had school-aged children herself, she said the process can be overwhelming. This is why her role at the JBM-HH Directorate of Family and Morale, Welfare and Recreation is so important, she said. As SLO, she shares information on local resources for military Families new to the area.

One local resource Daffin takes pride in talking about is Purple Star Schools.

According to the Virginia Department of Education, the Virginia Purple Star Designation is awarded to military-friendly schools that have demonstrated a major commitment to students and Families connected to the nation’s military.

Daffin said while there are many Purple Star schools in Virginia, it is significant to the joint base community that the program is gaining traction in Arlington. The newest Purple

Star School in Arlington is St. Thomas More Cathedral School, a private elementary and middle school, which gained designation in 2020. There is only one other Purple Star School in Arlington, Discovery Elementary School, an Arlington County public school.

The process to become a Purple Star school is not simple, Daffin explained. The ideal candidate school provides its staff with professional development training for military Families and has a history of providing resources to support those Families, including on at the most basic level — a website page.

“The purple star is awarded every three years, (it is a big deal because) the Virginia Department of Education comes out and awards the purple star to the school,” she said. “Once awarded, the school has to supply documentation, records of professional development training for military Families, and show that they have resources for military Families.”

Daffin pointed out that it’s about making Families, especially children, feel at home after the experience of transitioning.

“(Purple Star Schools) help Families and students connect with someone who under-

stands,” Daffin said. “Children who don’t know anyone have someone to show them around school, someone to each lunch with. A majority of time the students are new students, coming to a new school. They need someone to help them feel welcome.”

One recent event at St. Thomas, Daffin said, showed how Purple Star Schools support Families of all services. On April 21, the school hosted a celebration called “Purple Up” day to show support for their military Families.

“The color purple is significant, because it includes all branches of service, including the Coast Guard and Space Force,” she said. “It is a recognition of every service”

Daffin shared a photograph of the event that moved her. In this photograph, students of the school came together in formation to create an image of a purple star, which could be seen from a bird’s-eye view.

Reflecting on the experience as well as her role helping Families transition, Daffin said, “For me it gives me great joy and a piece of mind to know that families are able to (find the support) and get the information they need.”



ARMY & AIR FORCE  
EXCHANGE SERVICE

# AAFES COMMUNITY ALERT

- AAFES has a gasoline shortage due to the East Coast gas pipeline issue.
- There is a 10-gallon maximum per purchase at both the Myer and McNair gas stations. Supplies are sporadic and if the situation does not improve, AAFES may run out of fuel and temporarily halt fuel sales. Get the latest updates at [www.facebook.com/jbmhh](https://www.facebook.com/jbmhh) or on Twitter @JBMHH.

**Pentagram**



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|-----------------------------------|-----------------------------|
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## NCR observes V-E Day



Service members from the Joint Task Force – National Capital Region and the U.S. Army Military District of Washington provide ceremonial support with a Joint Armed Forces Color Guard during the V-E Day Observance, hosted by the Friends of the National World War II at the World War II Memorial in Washington, D.C., Saturday.



*Photos by Spc. Laura Stephens and Capt. John Whitmore*  
Service members from the Joint Task Force – National Capital Region and the U.S. Army Military District of Washington provide ceremonial support with a Joint Armed Forces Color Guard during the V-E Day Observance, hosted by the Friends of the National World War II at the World War II Memorial in Washington, D.C., Saturday. This year marks the 76th anniversary of the Victory in Europe and the end of World War II.

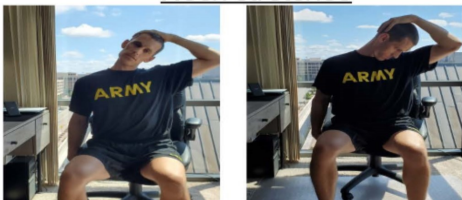


A bugler plays during the V-E Day observance Saturday at the World War II Memorial in Washington, D.C., Washington.

### Health and Wellness for Office Workers Stretching and You



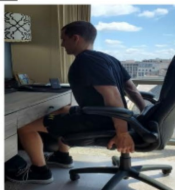
#### Neck stretches



Allow the weight of your hand to bring down your head as you 1) listen to your armpit, 2) look at your armpit

#### Chest stretch

Sitting upright, grasp the rear sides of your chair as you depress your shoulders from your ears.



#### Barrel hugs

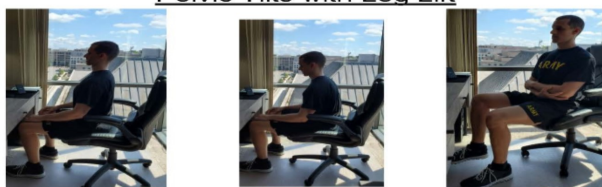


Imagine as if you are holding a massive oak barrel in your arms as you rotate your mid-spine up, down, left, right and side to side.

charles.p.rettig.mil@mail.mil

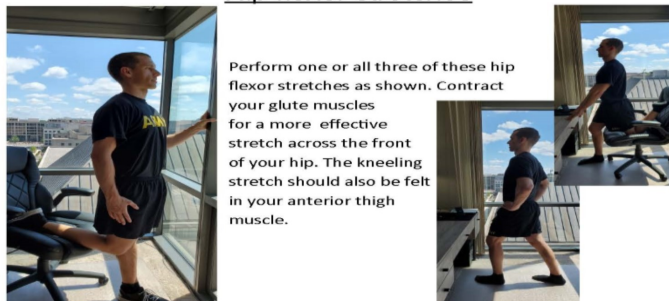
Hold all stretches for at least 30 seconds on each side within a pain-free range of motion. Always consult your healthcare professional before starting or modifying your fitness program.

#### Pelvic Tilts with Leg Lift



With your feet firmly on the floor, alternate between a fully erect posture and slouched posture. Ease off 10% from fully erect, contract your core and perform alternating leg lifts for 5 seconds for a total of 60 seconds.

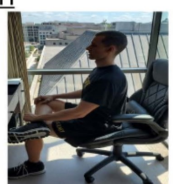
#### Hip flexor stretches



Perform one or all three of these hip flexor stretches as shown. Contract your glute muscles for a more effective stretch across the front of your hip. The kneeling stretch should also be felt in your anterior thigh muscle.

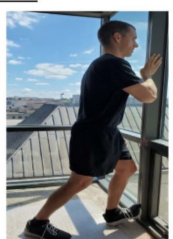
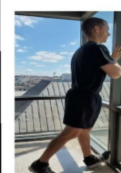
#### Glute stretch

Sitting upright, assume the tailor's position with your ankle atop your knee. Gently lean forward while keeping a straight back until you feel a gentle pull in the glute of your crossed leg.



#### Calf stretches

With your front foot on a step, wall, or the side of your desk and toes upward, gently lean forward for two positions: 1) front knee straight, 2) front knee bent. You should feel a deeper, lower stretch with your knee bent.



#### Double hip stretch



While lying on the floor or the bed, pull both knees up to your chest for 30 seconds. Then pull just your right knee to your chest for 30 seconds followed by left.



**MAY 10-JUNE 14, 2021**



**[www.goarmy.com/hiringdays](http://www.goarmy.com/hiringdays)**

## **Army National Hiring Days kicks off with extra \$2k bonus**

**By USAREC Public Affairs**

U.S. Army Recruiting Command is hosting hundreds of virtual career fairs across the country as part of the military service's second Army National Hiring Days event, which began Monday runs through June 14 — the Army's Birthday.

The nationwide hiring campaign, which first launched as a virtual event in 2020 because of the COVID-19 pandemic, offers a special \$2,000 incentive for individuals who enlist during the five-week event in one of 11 priority occupations and ship to training by the end of September.

Priority positions range from infantry and psychological operations to explosives ordnance disposal and air and missile defense.

Many of the more than 150 different Army careers already include signing bonuses up to \$40,000 or student loan reimbursement up to \$65,000, depending on qualifications, selected

occupation and length of the service contract.

The Army also is seeking health care professionals to fill vital roles as doctors, nurses, nutritionists and more. These positions have a variety of associated incentives, to include signing bonuses, student loan repayment and scholarships for medical, dental or veterinary school.

During the virtual career fairs hosted by local recruiting stations, recruiters will provide information about career opportunities and answer questions potential applicants may have about life in the Army.

The recruiters will also discuss the benefits Soldiers receive, to include health insurance, retirement plans, training and certifications, tuition assistance for college courses and Family support programs.

"The last year has been challenging for our nation and the world," said Maj. Gen. Kevin Vereen, USAREC commanding general. "We want young people to know the Army offers

stability, especially during an unsteady time. Stability with a consistent job, consistent paycheck, comprehensive health care and a built-in support system for Soldiers and their Families. We're offering opportunities for them to join us in a meaningful career that will prepare them for success in the future."

To become an enlisted Soldier in the U.S. Army, individuals must be a U.S. citizen or permanent resident; be 17-34 years old; achieve a minimum score on the Armed Services Vocational Aptitude Battery test; meet medical, moral and physical requirements; and be a high school graduate or equivalent.

During Army National Hiring Days, interested individuals can visit [www.goarmy.com/hiringdays](http://www.goarmy.com/hiringdays) to see if they meet the qualifications, learn about part-time and full-time careers and associated hiring incentives, and connect with a local recruiter.

## **Rader Clinic update**



- Although the FDA has authorized the Pfizer-BioNTech COVID-19 vaccine for emergency use in adolescents 12 to 15, we cannot provide the vaccine until CDC and DOD approval.
- We will update our COVID Vaccination hotline (703) 696-2994 and our Facebook page if we are selected to receive the vaccine or with further information on where to go.
- Currently Rader Clinic provides the Moderna COVID-19 vaccine for those 18 and older by appointment only as approved under the emergency use authorization.



# Temptation is not the same as acts against us

By Chaplain (Lt. Col.)  
Scott Koeman  
TACOM Chaplain

There are few things that can hurt us more than hollow or misapplied words. You're standing in line at a funeral home. The person in front of you shakes the hand of the grieving spouse who just lost her husband in a tragic accident and then says, "God never gives us more than we can handle." You look in horror did he just say that? What was he thinking? Is it true? Is it God's fault?

This verse has been misapplied and done so much damage by being misapplied. Temptation is not the same as an accident, death, sexual assault or something perpetrated against us. There are innocent victims. There are people who are going about their business when tragedy changes their lives. That is not an act of the will.

When Paul is addressing the Corinthian Church, he is reminding them about sin and temptation. He is telling them that they have a way out of sin. They can rely on the redemptive power of Christ. They have the Holy Spirit. The Holy Spirit enabled them and enables us today to see sin and identify temptation — before we give into the temptation. We can see it avoid it. We are not powerless against the devil or our flesh. We have victory because Christ's victory on the cross and the grave.

Do not conflate temptation and life's great soul wrenching strug-

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

**1 Corinthians 10:13**



Courtesy photo

gles. When your wife walks out on you and takes the kids; when your husband is found with another woman; when your pastor is found embezzling church money; when boss harasses you to retire sooner than you like; when your son tells you he wants nothing to do with you or when you just can't stand life as you know it — it is not a temptation. It is not you that has failed and given into sins many temptations, it is simply life in a broken and sinful world being hard to endure.

The Apostle Paul understood what life is like when it gets beyond difficult. He wrote in I Corinthians 1:8-9, "We do not want you to be uninformed, brothers

and sisters, about the troubles we experienced in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired of life itself."

Indeed, we felt we had received the sentence of death. However, this happened that we might not rely on ourselves but on God, who raises the dead.

Ponder that for a moment. Even the Apostle of Christ Jesus tells us that he "despaired of life itself" and thought he was going to die. Yet, he did not raise and shake his fist toward heaven and curse God. Instead, he relied upon God who delivered him.

Perhaps you faced a situation that caused you to "despair of life itself" or you are currently in that place — please know, understand, believe and trust in the Lord. Yes, you can face struggles bigger than you. They will crush you. You can and will face matters that are not meant for you to "go it alone." Without the Lord's help, you will be overwhelmed. Turn to Christ. Pour out your heart to him. Let him guide and carry you through it. He carried a cross that he was later put to death upon just so that you would not be alone. He rose from the dead to give you hope. You too will be victorious, but not in your own strength — only in his.

**JBM-HH Religious Services are back up and running on a weekly basis at Memorial Chapel. Attendance is limited to no more than 50 personnel in the chapel, so individuals must register to attend.**

**To view service updates, please visit the Religious Support Office Facebook page at <https://www.facebook.com/jbmhhrrso> or email the Religious Support Office at [usarmy.jbmhh.usag.mbx.memorial-chapel@mail.mil](mailto:usarmy.jbmhh.usag.mbx.memorial-chapel@mail.mil). Services are subject to cancellation in the event of inclement weather.**

**To register for Catholic Mass, contact the Catholic coordinator by email at [info@jbmhhmcc.com](mailto:info@jbmhhmcc.com).**

<b>Catholic Mass</b>	<b>Saturday at 5 p.m. and Sunday at 8:30 a.m.</b>
<b>Protestant Service</b>	<b>Sunday at 10:30 a.m.</b>
<b>Gospel Service</b>	<b>Sunday at 12:30 p.m.</b>
<b>Samoan Service</b>	<b>Held the first Sunday of every month at 2:30 p.m.</b>

**The RSO now streams the following Sunday services via the JBMHH Religious Support Facebook page:**

<b>Catholic Mass</b>	<b>8:30 a.m.</b>
<b>General Protestant</b>	<b>10:30 a.m.</b>
<b>Gospel Service</b>	<b>12:30 p.m.</b>

**The Fort Belvoir Jewish Congregation host Saturday services and religion education opportunities for Families. For information about Saturday services and programs at Fort Belvoir, contact the Jewish coordinator, Sara Astrow by email at [saralyn.astrow.ctr@mail.mil](mailto:saralyn.astrow.ctr@mail.mil) or phone at (703) 806-3393.**





#### Virtual play morning

On Thursdays, from 10 to 10:30 a.m. virtual play morning will be held virtually on Webex. For more information and to register, call (703) 859-4891 or (703) 614-7208. Join the JBM-HH New Parent Support Program every Thursday morning for sing-along-songs and story time for preschool children up to 5 years old.

#### Baby bundles

Baby bundles, which is available by request, prepares the home and relationship for the

changes that are needed when the baby arrives. A brief overview of the labor and delivery process, newborn care and baby proofing the home will be discussed. Individuals will receive a gift bag of free baby care and safety items. Registration is required. For more information or to request training, call (571) 550-9052.

#### ACS YouTube channel

JBM-HH Army Community Service has

announced a newly created YouTube channel that provides classes and information videos, all under 30 minutes, to assist participants on topics such as stress management and marriage enrichment. To see the videos, visit the YouTube site at <https://www.youtube.com/channel/UCnTcKDomPZeXmvnYddOIQkg>, and click “Subscribe” and continue to receive resources available whenever.

## You are not alone. Face challenges with support.



**Army Emergency Relief** (703) 696-8475

**RED Cross - for privation and emergency travel** (877) 272-7337

**Domestic violence support** (571) 302-6582

**Domestic violence hotline** (703) 919-1611

**All other ACS inquiries** please email [Kathryn.k.feehan.civ@mail.mil](mailto:Kathryn.k.feehan.civ@mail.mil)



**YOU'LL  
NEVER  
WALK  
ALONE**  
MEMORIAL DAY

**FRIDAY  
MAY 28  
4PM ET**



#### ‘You will never walk alone’

“Our debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our undying gratitude. America will never forget their sacrifices,” said the late President Harry S. Truman.

Join The United States Army Band “Pershing’s Own” for a special Memorial Day livestream remembering America’s fallen heroes by honoring the loved ones they left behind. Individuals will learn more about the Tragedy Assistance Program for Survivors and how they care for military Families grieving the death of a loved one. The people in TAPS, many of whom have endured losses of their own, ensure Families never walk alone. Watch the livestream May 28 at 4 p.m. via the band’s Facebook page at [www.facebook.com/usarmyband](http://www.facebook.com/usarmyband), website at <https://www.usarmyband.com> or YouTube channel at <https://www.youtube.com/usarmyband>.



CoC from page 1

role as the mayor of “America’s Post” and how she goes out of her way to make sure every service member, resident, Family member and mission partner knows and feels valued.

“Kim, thank you for your leadership, thank you for mentoring six other garrison commanders during your tour and thank you for being such a great teammate — it’s been my honor to command with you,” said Jones.

Jones said Bowling brings a wealth of operational experience and leadership to the team. Bowling is a Special Forces officer who has led from the team to the battalion level with service across this country and across the world in training and in combat.

“Most recently Dave served at the National Counterterrorism Center, and Dave, I’m confident that your experience with the interagency and your intergovernmental partners is going to prove invaluable here as our new commander of the joint base,” explained Jones. “Dave is the right leader at the right time for the base, and Dave, I’m looking forward to serving with you and commanding with you.”

Tindoll pointed out the centerpiece of IMCOM is the garrison and the individuals leading that organization are integral to achieving success. He added that the Army does not train officers to be garrison commanders, but it does develop remarkable leaders. Leaders who are capable, innovative and motivated to handle the challenges of this type of command.

“That’s pretty much how I would describe Kim Peeples,” said Tindoll. “Kim proved herself a gifted leader in today’s uncertain environment where others saw challenges, she saw opportunity. Through her effective leadership and high level of agility, Kim was able to identify new opportunities and saw some very complex issues.

“Col. Peeples had a vision of improvement she didn’t cower with those obstacles in her way. She postured the joint base for renewed success ... to growing in efficiency, responsiveness and flexibility.”

Tindoll said Bowling brings extensive experience to his new position. He said Bowling is no stranger to the art and

science of leadership. “Dave, I’m certain with your demonstrated leadership, you will build on the successes of your predecessor,” Tindoll said. “The challenges will be many but I’m confident you bring great energy and excellence to this installation.”

As Peeples addressed the garrison for the last time, she said the day was bittersweet to her. She said being commander of JBM-HH had been the most important, challenging and rewarding assignment of her Army career. She thanked Jones for his unwavering leadership and steadfast character as her senior commander for the past two years.

“Thank you for asking me to extend and to finish the important initiatives we started,” Peeples said of Jones. “You led people first, and through your example and engaged leadership, you taught us what 13, now your 14, flags of what right looked like at every turn.”

Peeples added that Bowling is ready to lead JBM-HH, a storied garrison.

“He is the exact great leader at the right time,” Peeples said about Bowling. “I can guarantee you he will give his heart and soul to this community.”

Peeples pointed out that she had never worked with a more professional and dedicated group of experts than what she had at JBM-HH.

“You leave your heart and soul on the court after every game, and I could not be more proud of what you have accomplished in the most challenging of times,” she said. “Thank you for your loyalty and for continuing to strive for excellence this community deserves.”

When Bowling spoke for the first time as the commander of JBM-HH, he said somewhere in his military career he adopted the idea that in order for an organization to achieve greatness, it had to have the technical competency and the operational clarity. He said once Tindoll realized he was going to JBM-HH, Tindoll reached out and began the teaching, coaching and mentoring process.

“What you knew then and I didn’t know in order for a garrison commander to be successful, he had to have a degree of technical competency,” Bowling said. “From that email and all of the engagements ... I am appreciative



Photo by Jeffrey Heeney  
Outgoing Commander Col. Kimberly Peeples addresses the garrison for the final time during the change of command ceremony May 6 in Conmy Hall.

and I look forward to continuing to work for you and receiving guidance moving out.”

Bowling added that he had a conversation with another leader and he said, “Maj. Gen. Jones commands with such clarity that as a subordinate commander, you are always sure what to do. Sir, in my short time I have been with you, I realize to be true.

“Col. Kimberly Peeples ... she is a phenomenal person, she is a phenomenal officer and she is a phenomenal leader. Kim, from the bottom of my heart and everything you and your Family have done for the garrison team, we thank you and wish you nothing but the best moving forward.”

Bowling said in the last few

weeks he had the opportunity to meet with the all of the directors on JMB-HH and he was humbled by the amount of tasks that they accomplish on a daily, weekly and month frequency.

“I am humbled when you compare those tasks to the resources available to accomplish them,” Bowling said. “I look forward to getting to know each and every one of you in the directorate. We will continue to meet mission and will hopefully have a little bit of fun along the way.”

Pentagram Editor Catrina Francis can be reached at [catri-na.s.francis2.civ@mail.mil](mailto:catri-na.s.francis2.civ@mail.mil).

## A HAND-UP FOR SOLDIERS

### IT'S WHAT WE DO.

ANNUAL CAMPAIGN:  
MARCH 1ST TO MAY 15TH

Stand with your squad  
Make a monthly gift to the Army's own nonprofit.  
[ArmyEmergencyRelief.org](https://ArmyEmergencyRelief.org)

**ARMY**  
EMERGENCY RELIEF  
SOLDIERS HELPING SOLDIERS SINCE 1942



# Leaders discuss initial sex assault review commission recommendation

By Jim Garamone  
DOD News

The Independent Review Commission on Sexual Assault in the Military has presented initial recommendations to Secretary of Defense Lloyd J. Austin III that would take the responsibility of prosecuting sexual assault offenses out of commanders' hands, and Austin and Gen. Mark A. Milley, the chairman of the Joint Chiefs of Staff, are willing to contemplate the change.

Austin and Miley discussed the problem of sexual assault in the military during a Pentagon press conference May 6.

The commission is still working, and there are many other lines of effort they are studying.

"The accountability line of effort was the very first, and so they provided me an initial readout of 'their work on ... that line of effort,' Austin said. "Of course ... I'm taking that into consideration."

The secretary wants other defense leaders, the service secretaries and service chiefs to review the recommendations and engage in dialogue with him on the issue. He wants their input and thoughts because "we're all going to have to execute it," he said. "As I've said before, this is very important to me and it's very important to this entire department. And we're going to stay sighted on this ... until

we find ways to improve."

Austin is open to taking the process on prosecuting sexual assault outside of the chain of command. He said in establishing the commission that all options are on the table.

Milley said he has no objection to taking the process out of the chain of command as well.

"I'm going to wait (to make a final decision) until the final results of the review commission," he said. "But I was the chief of (staff of) the Army for four years, then the chairman for coming up on two. ... We have to move the needle, that's the bottom line."

The current situation is not working, he said.

"We estimate based on some surveys that there were probably 20,000 men and women who were sexually assaulted in the United States military last year," Milley said. "That's 1% of the force. If we had, 20,000 killed or wounded in Afghanistan or Iraq, those are casualties, that's huge, that's significant. And that number hasn't significantly been reduced over time."

Despite everything the department and the services have done, the number of assaults has not changed, Milley said. The commission is providing evidence-based recommendations that may fundamentally change the process.

"Twenty thousand is a huge



Photo by Air Force Staff Sgt. Jack Sanders  
Secretary of Defense Lloyd Austin III and Gen. Mark Milley, chairman of the Joint Chiefs of Staff, hold a joint press briefing at the Pentagon May 6.

number and ... we can't tolerate that," he said. "We can't tolerate that level of divisiveness in our force. These are assaults. These are blue-on-blue assaults. It cannot stand. It has to be resolved."

Another aspect of this are surveys that show service members losing confidence in the chain of command over this issue.

"The chain of command, we the generals, the colonels, the captains and so on, we have lost the trust and confidence of those subordinates in our ability to deal with sexual assault," he said. "We need to make a change. What that change is, we'll see what the Inde-

pendent Review Commission comes up with in terms of the recommendations, and we'll take a hard look at it, and we'll have discussions with the secretary and so on."

Austin said the recommendations are not the last step. Defense Department officials will apply whatever is decided upon and examine the effects.

"Then we'll stay sighted on it to make sure that we have the right things and environment, that we're taking care of our troops, men and women and that we're doing the right things," he said.



**JBMMH EDUCATION CENTER HUB PRESENTS**  
**UNIVERSITY SPOTLIGHT**



**PARK UNIVERSITY**

**MAY 25**  
**1100-1200**

**LEARN ALL ABOUT PARK & GET YOUR QUESTION ANSWERED**

- Degree and Program Info
- Admissions
- Application
- TA/GI Bill

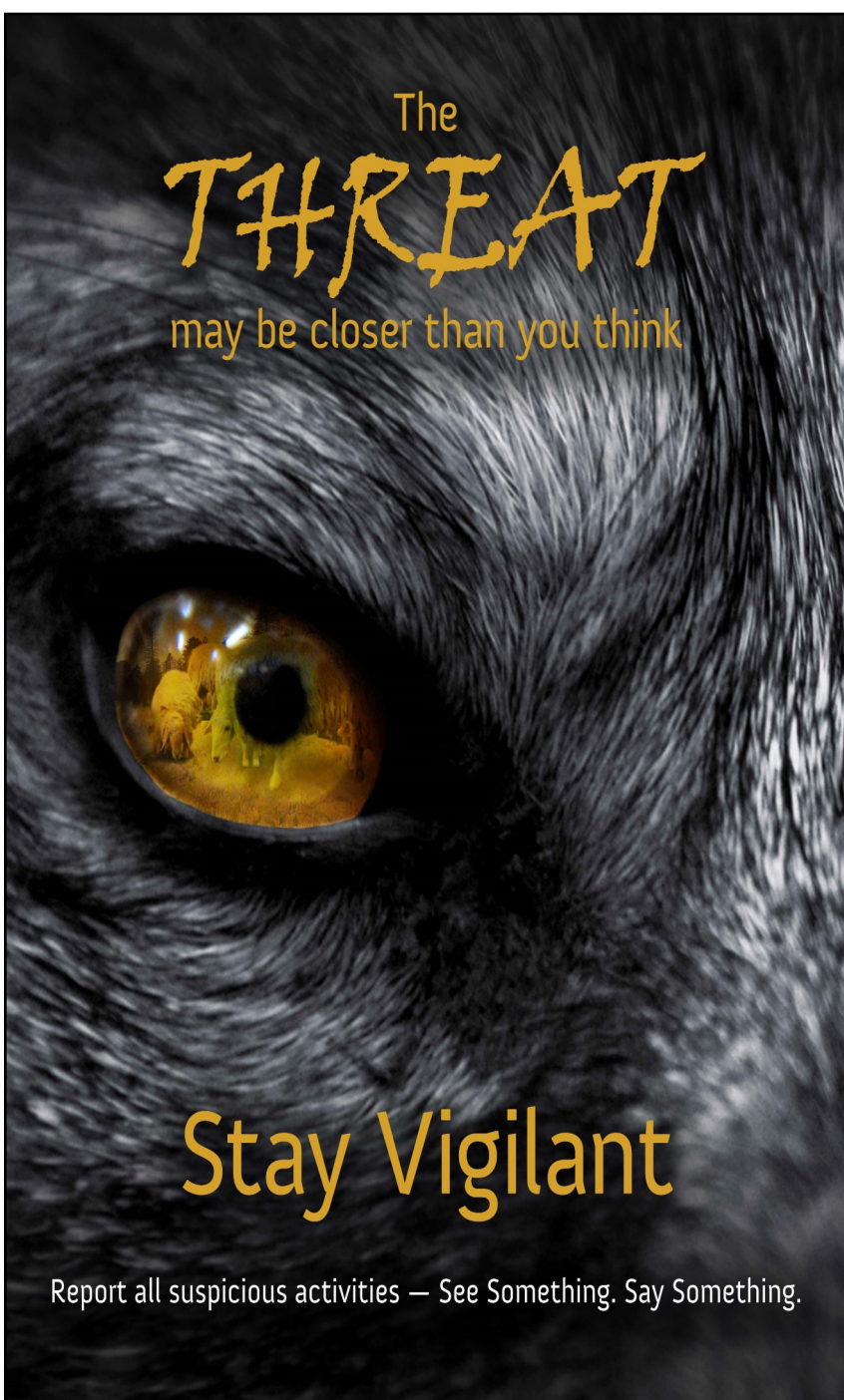
**You have questions & we have answers!**



**Held via MS Teams**  
**RSVP for link!**

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The  
**THREAT**  
may be closer than you think



**Stay Vigilant**

Report all suspicious activities — See Something. Say Something.



# Military highlights National Nurses' Week

By Janet Aker  
MHS Communications

National Nurses Week is held each year from May 6 to 12 to honor all nurses for their dedication and commitment to the profession. Born May 12, Florence Nightingale, otherwise known as “The Lady with The Lamp,” is considered the founder of modern nursing for her revolutionary treatment of wounded Soldiers during the Crimean War (1853-1856). Her pioneering work to improve the sanitation and hygiene for wounded Soldiers paved the way for later developments in battlefield medicine.

Nurses within the Defense Health Agency continue to carry Nightingale’s legacy of care and compassion forth on a daily basis.

The DHA’s nursing workforce includes military, civilian and U.S. Public Health Service nurses, who work in multiple specialties around the globe to deliver inpatient and ambulatory, patient-centered care to more than 9.6 million beneficiaries.

**How many nurses work in the military?**

There are 29,645 nurses in the military, according to the Military Health System. Here is the breakdown by service:

- Army: 9,598
- Reserves/National Guard: 9,008
- Navy: 4,540
- Air Force: 4,036
- United States Public Health Service: 1,352
- Defense Health Agency: 1,111

**USUHS**

Since its founding in 1993, the Uniformed Services University of the Health Sciences’ Daniel K. Inouye School of Graduate Nursing in Bethesda, Maryland, has graduated 1,074 advanced practice nurses.

- Registered nurse anesthetists: 463



*Photo by Spc. Caleb Minor*  
Air Force Capt. Jennifer Armon, a nurse assigned to the 60th Air Mobility Command, Travis Air Force Base, California, begins her shift by assessing a patient's vitals at Dameron Hospital, Stockton, California, Jan. 8.


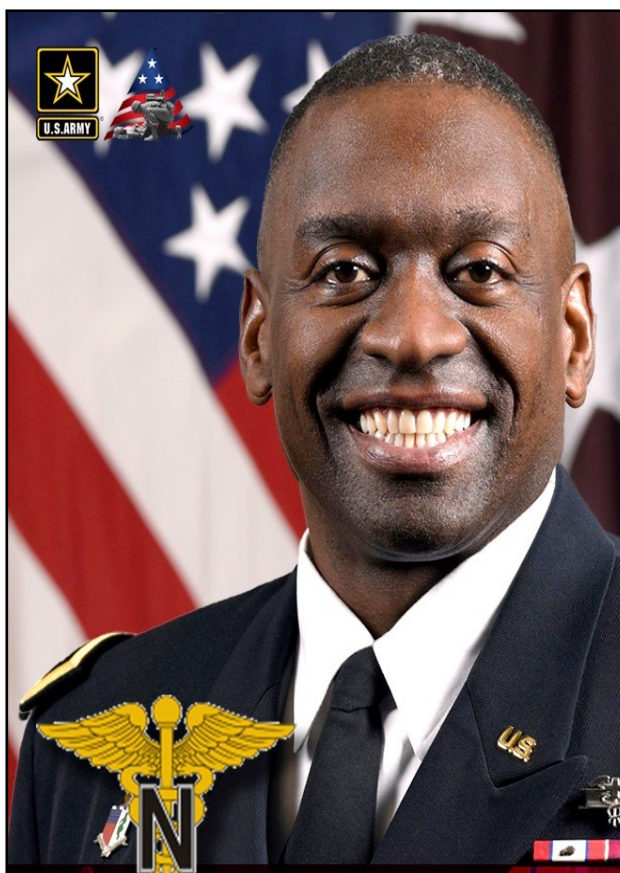
- Family nurse practitioners: 403
- Adult psychiatric mental health specialists: 79
- Critical nurse specialists: 69
- Ph.D. in nursing science: 48
- Women’s health nurse practitioners: 12

**Graduate school rankings:**

- The Master of Science in Nursing program is ranked No. 27 of 598 U.S. programs
- The Nurse Anesthesia program remains No. 4 in the country (it was ranked there in previous years)

**Six essential features of professional nursing:**  
(From the American Nursing Association)

- Provision of a caring relationship that facilitates health and healing
- Attention to the range of human experiences and responses to health and illness within the physical and social environments
- Integration of objective data with knowledge gained from an appreciation of the patient or group's subjective experience
- Application of scientific knowledge to the processes of diagnosis and treatment using judgment and critical thinking
- Advancement of professional nursing knowledge through scholarly inquiry
- Influence on social and public policy to promote social justice.



**Happy National Nurses Week!**


Nurses are a vital part of our military and national healthcare system. They are the center of gravity for our healthcare system and remain a beacon of hope for so many.

We encourage each of you to please take a moment to say Thank You to a nurse.


Lt. Gen. R. Scott Dingle  
The Surgeon General and Commanding General  
U.S. Army Medical Command

Command Sgt. Maj. Diamond D. Hough  
Command Sergeant Major  
U.S. Army Medical Command


**Don't Be a Passive BYSTANDER**



**If you See Something Suspicious, REPORT IT!**



**In most cases, concerning behavior was observed BEFORE an attack.**



Always Ready, Always Alert



# News Notes

## In case you missed it

Last week, the JBM-HH welcomed incoming Commander Col. David Bowling at a virtual change of command ceremony. The ceremony was hosted jointly by the commanding general of the Joint Force Headquarters-National Capitol Region and U.S. Army Military District of Washington, Maj. Gen. Omar J. Jones IV, and the director of the U.S. Army Installation Management Command Sustainment, Davis D. Tindoll Jr. Individuals can still view the event recording anytime at <https://www.facebook.com/jbmhh/videos/1140580996457544/>.

## Asian American Pacific Islander Heritage Month

Asian American Pacific Islander Heritage Month celebrates the important contributions of individuals of Asian/Pacific Islander descent to the nation, historically and in today's society. The Army commemorates and celebrates the contributions of Asian American and Pacific Islanders to the nation and the Army. Stay tuned for details on how to watch this month's JBM-HH observance, honoring the contributions of Asian American and Pacific Islanders to the community.

## Rader Clinic Tier 2 phase

In conjunction with the joint base, Rader Clinic continues to provide the Moderna COVID-19 vaccine in line with the Department of Defense population tiers. The clinic is now in Tier 2, which includes all active duty, Tricare beneficiaries age 18 and up and eligible DOD civilians and contractors. The COVID-19 vaccination is offered by appointment only. To schedule an appointment, please visit <https://informatics-stage.health.mil/RaderCOVIDApp> or Tricare Online at [www.tolsecuremessaging.com](http://www.tolsecuremessaging.com).

Please note, vaccine administration for those with appointments is occurring at the Joint Base Myer Henderson Hall Community Center, located at 228 McNair Road Bldg. 405 Fort Myer, Virginia. For additional updates on the COVID-19 vaccination campaign, please call the Rader Clinic COVID-19 vaccination automated hotline at (703) 696-2994.

Please continue to follow JBM-HH communications platforms including the joint base Facebook page, website and virtual town halls for the latest updates.

## Donate to Army Emergency Relief

As a reminder, the 2021 Army Emergency Relief Annual Fund Campaign runs through Saturday. Active duty and retirees can donate online by allotment. All others can donate by credit card at <https://www.armyemergencyrelief.org/donate>, or by check,

mail to Army Emergency Relief, 2530 Crystal Dr., Suite 13161, Arlington, VA 22202. Please make sure to select Joint Base Myer-Henderson Hall, section #08076 as the donor's installation. If there are any questions regarding donation, contact the local Army Emergency Relief officer at (703) 696-8435.

## ANC preservation project

The Sentinels from the 3d Infantry Regiment (The Old Guard) will modify their watch and stand guard on the east side of the Tomb of the Unknown Soldier through May 21. Visitors will still be able to see the changing of the guard ceremony from the bottom of the steps on the mall instead of the Memorial Amphitheater steps.

Due to a short-term preservation project with the granite pavers surrounding the Tomb of the Unknown Soldier, Arlington National Cemetery is temporarily closing the TUS plaza.

ANC is celebrating the Centennial Commemoration of the Tomb of the Unknown Soldier, and restoration and preservation work continues at the Memorial Amphitheater and the Tomb plaza to ensure the heart of the cemetery remains the iconic symbol of service, sacrifice and mourning.

The changing of the guard ceremony will still take place at the top and bottom of every hour.

## Cemetery reopens for tour groups

Arlington National Cemetery has reopened to tour buses and tour groups. ANC is taking this action as part of a gradual reopening under improved COVID-19 conditions. For the past year, tour buses and tour groups have not been able to visit the hallowed grounds of ANC due to COVID-19 restrictions. The ANC staff continues to monitor and enhance all aspects of the cemetery in order to prepare for a full reopening in the future. This step expands access to ANC, building upon previous efforts such as the resumption of tram tours and gravesite shuttle service, as well as visitation to the John F. Kennedy Presidential Gravesite and the Tomb of the Unknown Soldier. Tour buses will be allowed to park on the top level of the ANC parking garage. The public may visit the cemetery virtually through the new ANC Education Program at <https://education.arlingtoncemetery.mil>. Audiences of all ages may now discover learning modules on topics that include The Tomb of the Unknown Soldier. Arlington National Cemetery is open daily from 8 a.m. until 5 p.m.

## Twilight Tattoo web series

Join the Soldiers of the U.S. Army Military District of Washington Wednesday evenings in May and June as they explore history through the eyes of the Amer-

ican Soldier. Each week at 7 p.m. EDT, MDW will premiere an eight-minute episode the official TWT website at <https://twilight.mdw.army.mil/>, as well as at the MDW YouTube channel and Facebook page.

MDW plans to return with its traditional hourlong, live-action public program on JBM-HH in May and June of 2022. MDW continues to follow DOD guidelines and CDC recommendations in order to ensure the safety of Soldiers, Families, Army civilians, contractors and the community.

## Death notices

Anyone with debts owed to or by the estate of Sgt. Maj. Cheryl M. Ani, the United States Army Band, must contact Maj. Dae Kim, the summary court-martial officer for the Soldier. Ani passed away April 27. Call Kim at (571) 867-4033.

Anyone with debts owed to or by the estate of Col. Michael W. Greenly, office of the assistant secretary of defense health affairs, must contact Navy Lt. Cmdr. Ariel Campbell, the summary court officer for the Soldier. Greenly passed away March 27. Call Campbell at (703) 309-1148.

## AAFES dining reopens

The Myer Fort AAFES dining area in the Exchange food court reopened to patrons starting Wednesday. Patrons are reminded that the joint base face covering policy is remains in place. To ensure the safety of the joint base community, face coverings must be worn in the food court area unless eating or drinking. For more information on AAFES services, download the Digital Garrison App, free in the Apple or Google Play stores. The Exchange is also online at <https://www.shopmyexchange.com/>.

## Virtual SHARP training

There is nothing more important than the welfare and readiness of our people, the people of the National Capital Region and its population of military and civilian forces.

Fiscal year 2021 sexual harassment, assault response and prevention refresher training is open to all assigned to the National Capital Region. This training reasserts the importance for leaders and the chain of command in providing quality, relevant training and education to improve and sustain positive organizational climates that emphasize Army values and treat everyone with dignity and respect.

If someone needs support at any time, reach out to the DOD Safe Helpline by calling (877) 995-5247. The 24/7 Safe Helpline is anonymous and confidential.

## Marine Corps Exchange

The Marine Corps Exchange is open from 9 a.m. to 7 p.m. Monday through Saturday and from 10

a.m. to 6 p.m. Sundays and holidays, to include the Vineyard. All three levels are open. The Marine Corps ID Card Center continues to serve, by appointment only, at Marine Corps Exchange on the third floor. The hours of operation are from 9 a.m. to 5 p.m. Monday through Friday, with a daily closure from 11 to 11:30 a.m. All personnel are required to book appointments at <https://idco.dmdc.osd.mil/idco/locator>.

The carwash service at Henderson Hall remains open. For more information on Henderson Hall services and hours of operation, visit <http://www.mccshh.com/mcx/>.

## Commissary hours, updates

The Fort Myer Commissary is open at regular business hours, Monday through Friday from 8 a.m. to 7:30 p.m., Saturday from 8 a.m. to 6:30 p.m. and Sunday, 8 a.m. to 6 p.m. The Defense Commissary Agency lifted the customer limit on paper and cleaning items. Additionally, DECA has now approved the use of reusable bags at the store. For additional information on the Fort Myer Commissary, visit the commissary's official website at <https://www.commissaries.com/shopping/store-locations/fort-myer/>.

## Civilian leave assist

JBM-HH Directorate of Emergency services employee Marla A. Curry and Jay Vaughters and Directorate of Public Works employees Huey Vample, Wanda Scott and Lisa Barnes have been approved to receive leave under the Volunteer Leave Program. Department of the Army civilian employees who would like to donate annual leave can fill out form OPM630a, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Within Agency)," at [www.opm.gov/forms/pdf\\_fill/opm630a.pdf](http://www.opm.gov/forms/pdf_fill/opm630a.pdf).

For federal government civilian employees outside the Department of the Army who would like to donate annual leave, please complete form OPM 630b, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Outside Agency)," at [www.opm.gov/forms/pdf\\_fill/opm630b.pdf](http://www.opm.gov/forms/pdf_fill/opm630b.pdf). Please be sure to populate the form with the recipient's name specifically. Send completed form to Maribel Rodriguez at [maribel.rodriguez.civ@mail.mil](mailto:maribel.rodriguez.civ@mail.mil).

## Clinic answers COVID-19 questions

Rader Clinic has developed a public service announcement to address all the frequently asked questions about the COVID-19 vaccine being administered by the clinic. Please take a moment to view this important video, where a person can meet the Rader Health Clinic team and educate him or her about the vaccine to protect loved ones and the community. Please access the following link to view the video at <https://www.facebook.com/jbmhh/videos/861733764381647>.